



COWDRAY

Cowdray Express Menu

Open Saturday 8am to 3pm and Sunday 9am to 3pm

Breakfast

Acai Bowls £4.50

Acai Powder, Coconut Oil, Avocado,
Banana, Dates, Berries
Packed with antioxidants and full of
goodness

Porridge £4.50

Served with a Berry Compote
The breakfast to keep your heart
Healthy

Extra Shots 50p

Lunch

Served from 11am

Vegan Soup with Pitta Bread £5.50

Panini £6.00

Smoothies

Peanut Power £4.25

Cacao Nibs, Banana, Peanut Butter &
Almond Milk

Breakfast Smoothie £4.25

Frozen Yoghurt, Oats, Cows Milk,
Blueberry, Blackberry & Banana

Carrot Cake Smoothie £4.25

Frozen Yoghurt, Ginger, Cinnamon,
Nutmeg, Carrot, Banana & Almond
Milk

Fruit Smoothie of the Day £4

Snacks

Raw, Vegan & Gluten Free

Protein Balls £1.30

Haystacks - Vanilla or Chocolate 75p

Peanut Butter Cups £1.30



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Hot Drinks

Coffee

Espresso £2.20

Macchiato or Double Espresso
£2.20

Americano £2.80

Cappuccino £2.80

Latte £2.80

Flat White £2.90

Mocha £2.90

Babycino £1.20

Tea

All at £2

English Breakfast

Earl Grey

Decaffeinated

Detox

Peppermint & Liquorice

Turmeric

Elderberry

Green

Lemon & Ginger

Three Mint

Hot Chocolate

Hot Chocolate £2.90

Child's Hot Chocolate £1.80

With marshmallows add 50p

Cold Drinks

Southdown's Still or Sparkling Water
330ml £2.00

Freshly Squeezed Orange Juice
£3.50

Cowdray Fresh Juices

Vitalise – Romaine, Cucumber,
Celery, Apple & Lemon £4

Vitamin C – Fennel, Pineapple,
Apple & Lemon £4

Unicorn Latte

Vegan - all made with Almond Milk

Turmeric Latte sweetened with
Maple Syrup £4

Matcha Latte sweetened with
Coconut Sugar £4

Moju Shots

Ginger £2.25