



# Fly Fishing Rules 2018

## For Members and Day/Evening Bookings

- The use of natural baits or lures is forbidden.
- No person shall fish more than one rod and line at the same time.
- No person shall intentionally take or attempt to take any trout of 10" (11" during the mayfly season) in length or less. The fish is measured from the tip of the snout to the top of the tail when the fish is laid flat. Any such fish taken unintentionally must be returned to the river immediately and with as little injury as possible.
- For members – The season license allows a total of 18 fish to be caught under the stocking fee. Any fish caught in excess will be charged at £4 per fish. No more than 4 stocked fish should be caught on any one day.
- A non-member Day/evening booking allows a total of 2 fish per session. Any fish caught in excess shall be returned.
- The record books are housed in 4 cupboards along the river. These are marked on the beat map. We would be grateful if you could fill these in at the end of each session. This allows us to maintain stocking levels.
- A current Environment Agency rod license must be held.
- Fishing may start at sunrise and finish at sunset.
- Fishing from the bank only apart from along the Canal section where wading is allowed within a metre of the bank.
- All members guests must pay to fish. This is charged at £10 per person, per day.
- All authorised persons should exhibit the provided car badge in their vehicle when driving through or parking on Estate Land.





### Health and Safety.

All visitors to Cowdray Estate should be aware of the dangers associated with fishing.

- Please take time to familiarise yourself with the riverbank and take note of any potential dangers.
- Those with less experience should engage the services of a ghillie.
- Life jackets are available on request but are not mandatory.
- Check water levels – never access the river after excessive rainfall or whilst the river is in flood. If in any doubt, contact Cowdray Estate office for advice.
- It is advised that fisherman and guests are able to swim.
- No under 18s unless accompanied by a responsible adult.
- Anyone accessing the river (for fishing or other) must take their own precautions to notify someone of their whereabouts before, during and after their visit.
- Fishermen are advised to check phone signal and make note of their location whilst moving along the river.
- Safety glasses must be worn at all times whilst fishing. Sunglasses are acceptable.
- Always check behind and around you for others before casting.
- Although fishing itself isn't overly strenuous, please be aware that you are responsible for your own health as access to the river can often be down steep banks.
- Walk at all times and constantly assess the terrain whilst moving around.
- Strong, lace up boots are advised (unless wearing wellies or waders).
- It is advised that you carry a personal first aid kit.
- Be aware that some plants, such as hog weed, can be harmful. Take care around unknown plants.
- Weils disease – avoid getting water in your mouth, eyes or cuts. More information on symptoms can be found on the NHS website.  
<https://www.nhs.uk/conditions/leptospirosis/>
- Be aware of overhanging and falling branches – especially in high winds.

