



Bear Grylls Survival Academy



Activities at a glance...

		COMMUNICATION	CONFLICT RESOLUTION	CREATIVITY	DECISION MAKING	DELEGATION	EVALUATION	FUN	LEADERSHIP & MANAGEMENT	MOTIVATION	PROBLEM SOLVING	STRATEGIC PLANNING	TEAM DEVELOPMENT	TRUST
Stalking & Axe Throwing Move stealthily like Bear to avoid detection from predators.... learn how to perfectly rotate an axe and hit the target.				💡				🎯		🏆			⚙️	
Air Rifle/Pistol Shooting Learn the essential skills and discipline to handle a firearm – remember Bear's marksmanship principles in order to hit the target					🔍			🎯		🏆			⚙️	
Survival Arrow Archery Archery skills go back 100s of years. When archers make mistakes, they are taught that the solution is to analyze their steps and focus on improving one thing at a time. This is a great recipe for success on the archery field and in life.		📢					✓	🎯	⚡	🏆				
Stranded on the Ice You and your team are marooned and must survive but you will need to prioritize your actions if you want to make it make back to civilisation. Water, food, fire & shelter are on top of the list.		📢		🔍	📊			🎯	⚡	🏆		🗺️	⚙️	



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Improved Stretcher Race & Wilderness First Aid	<p>You are deep in the wilderness when a member of your team needs medical attention! CASEVAC your casualty to safety using whatever you have in your backpack and surroundings.</p> 													
SAS Grenade Throwing	<p>This fun challenge teaches you to move undetected and aims to destroy targets using our live fragmentation grenades.</p> 													
Land Rover "Sledge Pull"	<p>As a team you will need to get your "sledge" across the "ice" using just rope & communication – great for working together as a team under pressure.</p> 													
Knots	<p>Learn a variety of potential lifesaving knots before attempting the giant knot challenge with the whole team.</p> 													



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BGSA Balloon Exercise	Another self-rescue, survival scenario... you have access to a vessel but can only take up to two-thirds of the team... who will make it, and can you justify why you should be saved?													
Spear Throwing	Hunting for wild food can be difficult in a survival situation – time for you and your team to make a spear out of a timber staff and knife, but can you hit the target?													
Blindfolded Land Rover Driving	With no sight, you are relying purely on your team for guidance to navigate your vehicle, negotiate the course and manoeuvre effectively. Test your communication skills and awareness to avoid disaster.													
Whiteout on Everest	In an extreme environment, disorientated, lacking oxygen with reduced visibility – use your team skills to get safely back to base camp.													



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Kims Game & Observation Lane	Straight out of the special forces training manual, on covert operations soldiers have nothing but their natural skills and ability. Observe, identify and memorize to retain and retrieve sensitive intel for your team.													
Navigation	Self-Rescue is key here, no one is coming to save you, you and your team must use natural features to navigate to a kesh of equipment that will assist you in navigating your way back to safety.													
Pipeline "Viaduct" Challenge	Water is more valuable than gold if you want to survive, you have been placed in an extreme environment and as a team you must help others by planning & building a pipeline to transport clean water from the dam to a village in need, but there are only certain ways for you to communicate...													
Raise the Flag	Your team has successfully reached the South Pole and now time to raise The Bear Grylls Survival Academy Flag. Utilize all the equipment provided – sound simple? Due to melting sea ice there is an exclusion zone, if any person or piece of equipment enters the zone then you run the risk of falling in the ice hole!													



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Commando Crawl	Cross the gorge commando style on top of the rope, this activity requires balance, strength and core stability to regain your position.														
Tyrolean Traverse	A high ropes activity, see our instructors use their expertise to create a Tyrolean Traverse, your team will be using a fixed line to cross from one point to another, while wearing a harness, you clip onto the rope and pull yourself and crucial stores across.														
K2 Climbing Wall	Test your courage & determination on our K2 climbing wall, can you make the summit with decreased oxygen and poor visibility? This stance requires strategic planning and great communication - your team mate has your life in their hands.														
Raft Build	The choice is to either sink, or swim and risk being attacked by underwater predators, or build a vessel from the equipment supplied that will actually get you across the water, hopefully dry. A test of confidence, creativity and good old-fashioned team work.														