

HOT DRINKS

With almond, oat, coconut or hazelnut milk +50p

Coffee

Espresso £2.15

Double espresso £2.65

Americano small £2.65 regular £3.40

Cappuccino small £2.95 regular £3.65

Latte small £2.95 regular £3.65

Flat white small £3.20 regular £3.90

Macchiato £2.75

Cortado £2.75

Mocha £3.90

Cold Brew £4.10

Babyino £1.65

Tea £2.40

English breakfast, Earl Grey, decaffeinated, redbush, green, peppermint, rosehip and hibiscus, Darjeeling

Hot chocolate £3.70

Turmeric latte (V) £4.10

Turmeric, cinnamon, maple syrup, almond milk

Matcha latte (V) £4.10

Matcha powder, cinnamon, maple syrup and almond milk

Chai latte (V) £4.10

Chai syrup and almond milk

Please see our specials board for today's juices

COLD DRINKS

Immune boost shot £3.60

Freshly juiced ginger, turmeric, lemon and orange

Juice of the day £4.95

Freshly squeezed orange juice £3.95

Southdown's still or sparkling water £2.40

Cowdray Cox and Bramley apple juice £3.50

Kentish cherry juice £5

Luscombe Sicilian lemonade £3.50

Luscombe sparkling elderflower £3.50

Luscombe ginger beer £3.50

Coca Cola or Diet Coca Cola £2.30

Fever-Tree tonic water £2.75

Pip Organic child's cloudy apple juice £2.20

Smoothies

Nut Heaven (V) £5.50

Banana, peanut butter, cacao nibs, flax seeds and almond milk

Fruit smoothie (V) £5.35

See boards for details

Milkshakes £5.25

Chocolate or vanilla

Allergies If you have any allergies or special dietary requirements please speak to a team member. Every care is taken to avoid any cross-contamination when processing a specific allergen-free order. We do however work in a kitchen that processes allergenic ingredients and does not have a specific allergen-free zone.



COWDRAY

FARM SHOP & CAFÉ

WELCOME

A very warm welcome to our Café. We hope you enjoy your experience. Our ethos here is to reflect the seasons by providing freshly made, wholesome, healthy dishes to suit all tastes and to cater for specific dietary requirements where possible. Ask a member of our team if you would like us to accommodate any particular needs.

Our sourcing policy is to use estate produce and the best quality local suppliers where we can, thereby supporting the local economy as well as reducing our carbon footprint. In line with the Farm Shop policy, all of our takeaway cups, glasses, straws and cutlery are recyclable as we continue on our journey towards being free from single use plastics altogether.

The design on the menu front is by Alister Maynard. Fundamentally self-taught, though he had studied for a brief period at Chelsea School of Arts as a young man, he painted murals for yachts and houses, and did work for the Canadian Pacific Liners. Alister Maynard was deeply interested in the myths and religious beliefs of the world and they were often portrayed in his paintings.

Breakfast Served until 11.30am

The big Cowdray breakfast £17.00

Two Cowdray breakfast sausages, three bacon rashers, two free range eggs, black pudding, grilled tomato, chestnut mushrooms, bubble and squeak, Heinz Baked Beans and two slices of toast.

Free range eggs on toast (V) £7.25

Poached, scrambled or fried

Free range scrambled eggs and smoked salmon on toast £10.50

Cowdray full English £12

Cowdray breakfast sausage, bacon, free range egg, grilled tomato, chestnut mushrooms, bubble and squeak, Heinz Baked Beans and toast

Cowdray full vegetarian (V) £11

Vegan sausage, two free range eggs, bubble and squeak, Heinz Baked Beans, grilled tomato, chestnut mushrooms and toast

Bacon or sausage sandwich £7.25

Vegan sausage sandwich (V) £7.25

Mushrooms or tomatoes on toast £7.25

Smashed avocado with cayenne and lemon on toast £8.25 With poached egg +£1.25

Croissant £2.75

Pain au chocolat £2.75

Almond croissant £3.75

Two slices of toast £3.75

With Cowdray jam or marmalade

Belgian waffle

With banana and maple syrup

or berries and yoghurt £6.50

With bacon and maple syrup £7.50

Cowdray porridge (vegan option available) £6.75

With a mixed berry compote

or banana and Brazil nuts

Cowdray granola £8.50

With Greek yoghurt and berries

Breakfast extras

Smoked salmon +£3.25 Bacon +£2.25 Sausage +£2.25

Chestnut mushrooms, tomato or spinach +£1.75 Extra toast £1

Please see our specials board for other choices

ALCOHOLIC DRINKS

White wine

Fiddlehead Sauvignon Blanc (New Zealand) 12.5%

125ml glass 175ml glass 750ml bottle

£5.75 £7 £28

Red wine

Visconti Della Rocca Primitivo (Italy) 13%

£5.50 £6.75 £27.50

Rosé

Georges Duboeuf Syrah Pays d'Oc (France) 12.5%

£4.95 £6 £24

English sparkling wine

Nyetimber Classic Cuvée 12%

- - £60

Gin 43% 35ml £7.25

and Fever-Tree Tonic

Cowdray Ale £5.50

4.2% 500ml

Birra Moretti £4.50

4.6% 330ml

Silly Moo Sussex Cider £6.00

4.8% 500ml

Sandwiches

Served from 12pm to 4pm

Choice of white, granary, sourdough or New York Deli rye bread, served with homemade crisps and a watercress garnish

Free range egg mayonnaise and watercress (V) £7.25

Cheddar, lettuce, tomato, apple and cider chutney (V) £7.95

Dry cured bacon, lettuce and tomato £8.50

Houmous, smashed avocado and spinach (V) £8.25

Fishfinger brioche bun with tartare sauce £10.50

Side dishes

Triple cooked chips £4.50

Add melted Stilton or Cheddar for £1.50

Fries £4.50

Seasonal greens £4

House salad £4

Cowdray houmous and pitta £6

Olives £4.50

Extra bread £1

Cowdray crisps £1.50

Puddings

Crumble served with vanilla ice cream or cream £7.50

Milk chocolate mousse with a shortbread biscuit £7.00

Belgian waffles £6.50

With vanilla ice cream, banana and maple syrup

Marshfield Ice Cream tub £3

Hazelnut affogato with biscotti £6.50

Strawberries and meringue £7.50

Served with Chantilly cream

Ask a team member for today's cake selection

Afternoon tea

Served until 4pm

Soup served with bread (V) £7

Cowdray cream tea £8.50

Two Cowdray scones served with organic clotted cream and strawberry jam, served with a pot of tea for one

One Cowdray scone £3.75

With butter and strawberry jam (excluding tea)

Bara Brith (Welsh tea loaf) £3.75

Served hot or cold with butter

Cowdray cheese scone and butter £2.75



Cowdray dog biscuit £1

Marshfield Dog Ice Cream tub £2.95

(V) Vegan (V) Vegetarian