

WELCOME

To the Cowdray Farm Shop Café

Hot Drinks

Coffee

Espresso £2.25

Double espresso £2.75

Americano small £2.65 regular £3.40

Cappuccino small £3.05 regular £3.75

Latte small £3.05 regular £3.75

Flat white small £3.30 regular £4.00

Macchiato £2.85

Cortado £2.85

Mocha £4.00

Babycino £1.75

Hoogly teas £2.65

Decaffeinated, Earl Grey, Classic Green, Chill out mint, Turmeric twist, Berrylicious, Jasmine Dawn, Citrus Bloom

Hot chocolate £3.85

Hazelnut hot chocolate ♡ £4.20

Coconut hot chocolate ♡ £4.20

Almond hot chocolate ♡ £4.20

Cinnamon hot chocolate ♡ £4.20

Turmeric latte ♡ £4.25

Turmeric, cinnamon, maple syrup, almond milk

Matcha latte ♡ £4.25

Matcha powder, cinnamon, maple syrup and almond milk

Chai Latte ♡ £4.25

Chai syrup and almond milk

Cold Buster ♡ £4.20

Hot water infused with freshly juiced ginger, turmeric, lemon, orange and raw, organic honey

Cold Drinks

Immune boost shot £3.60

Freshly juiced ginger, turmeric, lemon and orange

Cowdray Kefir £2.75

Juice of the day £5.50

Freshly squeezed orange juice £3.95

Southdown's still or sparkling water £2.40

Cowdray Cox and Bramley apple juice £3.50

Kentish cherry juice £5

Luscombe Sicilian lemonade £3.60

Luscombe sparkling elderflower £3.60

Luscombe ginger beer £3.60

Coca Cola or Diet Coca Cola £2.30

Fever-Tree tonic water £2.75

Pip Organic child's cloudy apple juice £2.50

Smoothies

Chia Kefir ♡ £5.75

Cowdray Kefir, banana, chia seeds, cinnamon and milk

Kale Kick ♡ £5.75

Cowdray Kefir, banana, chia seeds, cinnamon and milk

Nut Heaven ♡ £5.75

Banana, peanut butter, cacao nibs, flax seeds and almond milk

Fruit smoothie ♡ £5.75

See board for full details

Milkshakes £5.50

Chocolate or vanilla

Alcoholic Drinks

White wine

	125ml glass	175ml glass	750ml bottle
Featherdrop Sauvignon Blanc (New Zealand) 12%	£6.25	£7.50	£30

Red wine

Visconti Della Rocca Primitivo (Italy) 13%	£6	£7.25	£29.50
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Rosé

Saint Roc Cote De Provence (France) 12.5%	£6.75	£8.75	£35
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Sparkling Wine

Nyetimber Classic Cuvée (England) 12%	-	-	£62
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Prosecco Corte Delle Calli (Italy) 11%	200ml bottle	£9.50	
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No.3 London Dry Gin

and Fever-Tree Tonic
46% 25ml £7.25 50ml £9

Cowdray Ale

4.2% 500ml £5.80

Birra Moretti

4.6% 330ml £4.50

Silly Moo Sussex Cider

4.8% 500ml £6.50

Alcohol-free drinks

Corona Cero 0.0% £3.95

Tanqueray 0.0% Gin £6.50
and Fever-Tree Tonic

Breakfast

Served until 11.30am

The big Cowdray breakfast £17.50

Two Cowdray breakfast sausages, three bacon rashers, two free range eggs, black pudding, grilled tomato, chestnut mushrooms, bubble and squeak, Heinz Baked Beans and two slices of toast.

Free range eggs on toast £7.50

Free range scrambled eggs and smoked salmon on toast £11.50

Cowdray full English £12.50

Cowdray breakfast sausage, bacon, free range egg, grilled tomato, chestnut mushrooms, bubble and squeak, Heinz Baked Beans and toast

Cowdray full vegetarian ♡ £12

Vegan sausage, free range egg, bubble and squeak, spinach, Heinz Baked Beans, grilled tomato, chestnut mushrooms and toast

Bacon or sausage sandwich £7.50

Vegan sausage sandwich ♡ £7.50

Mushrooms or tomatoes on toast ♡ £7.50

Smashed avocado with cayenne and lemon on toast ♡ £9.00

Croissant £2.75

Pain au chocolat £2.75

Almond croissant £3.75

Two slices of toast £3.75

With Cowdray jam or marmalade

Belgian waffle

With banana and maple syrup or berries and yoghurt £6.75

With bacon and maple syrup £7.50

Cowdray porridge (vegan option available) £6.75

With a mixed berry compote or banana and Brazil nuts

Cowdray granola £8.95

With Greek yoghurt and berries

Breakfast extras

Smoked salmon +£3.95 Bacon +£2.50 Sausage +£2.50

Chestnut mushrooms, tomato or spinach +£2 Extra toast +£1 Egg +£1.25

Lunch

Served from 12pm to 3pm

Cowdray rump steak with Café De Paris butter £18

With triple cooked chips, roasted cherry tomatoes and portobello mushroom

Cowdray 6oz burger with homemade relish in a brioche bun with triple-cooked chips £14

Add Monterey jack £2.00 add bacon £2.50 add coleslaw £2.50

Grilled halloumi burger with chilli jam and rocket ♡ £13.75

Served in a ciabatta with fries and salad

Autumn squash and sage risotto ♡ £12

Sumac roasted aubergine ♡ £12

With pomegranate cous cous and saffron yoghurt

King prawn and fermented chilli tagliatelle £14

Fish and chips £18

With mushy peas and Cowdray tartare sauce

Cowdray venison Cumberland sausage

& mashed potato £16.50

With seasonal greens, juniper and onion gravy

Welsh Rarebit ♡ £11

With apple, beetroot and watercress salad

Sandwiches

Served from 12pm to 4pm Choice of farmhouse white, granary, or stoneground sourdough. Served with crisps and mixed leaves

Free range egg mayonnaise and watercress ♡ £7.25

Cheddar, lettuce, tomato, apple and cider chutney ♡ £7.95

BLT – Bacon, lettuce, tomato and mayonnaise £8.50

Houmous, smashed avocado and spinach ♡ £8.25

Brie, cranberry and rocket ciabatta £9.50

Soup of the day with Multi cereal bread ♡ £7.50

Woof! 🐾

Cowdray dog biscuit £1.50

Marshfield Dog Ice Cream tub £2.95

Side Dishes

Triple cooked chips £4.50

Add melted stilton or Monterey Jack for £1.50

Fries £4.50

Add parmesan and truffle oil £1.50

Seasonal vegetables £4.50

Rocket and parmesan salad £4.50

Cowdray houmous and pitta £6

Olives £4.50

Extra bread £1

Crisps £2.00

Coleslaw £2.50

Puddings

Crumble £7.95

With vanilla ice cream, cream or custard

Sticky toffee pudding £6.95

With vanilla ice cream, cream or custard

Vanilla sponge £7.95

With mulled fruit and cinnamon whipped cream

Belgian waffles £6.75

With vanilla ice cream, banana and maple syrup

Ariela handmade gelato tubs £3.25

Vanilla, chocolate, yoghurt cherry, peanutella

Hazelnut affogato with biscotti £6.50

Afternoon Tea

Served until 4pm

Soup served with multi cereal bread ♡ £7.50

Cowdray cream tea £8.50

Two Cowdray scones served with organic clotted cream and strawberry jam, served with a pot of tea for one

One Cowdray scone £3.75

With butter and strawberry jam (excluding tea)

Bara Brith (Welsh tea loaf) £3.75

Served hot or cold with butter

Cowdray cheese scone and butter £2.75