

# DRINKS

## HOT DRINKS

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Espresso	single £2.55	double £3.05
Americano	small £2.70	regular £3.75
Cappuccino	small £3.10	regular £4.10
Latte	small £3.10	regular £4.10
Flat white	small £3.35	regular £4.40
Macchiato		£3.15
Cortado		£3.15
Mocha		£4.40
Babycino		£1.90

**Hoogly teas** £2.95

*Decaffeinated, Earl Grey, Classic Green, Chill out mint, Turmeric twist, Berrylicious, Jasmine Dawn, Citrus Bloom*

Hot chocolate	£4.25
Hazelnut hot chocolate (Ve)	£4.65
Coconut hot chocolate (Ve)	£4.65
Almond hot chocolate (Ve)	£4.65
Cinnamon hot chocolate	£4.65

**Turmeric latte (Ve)** £4.65

*Turmeric, cinnamon, maple syrup and almond milk*

**Matcha latte (Ve)** £4.65

*Matcha powder, cinnamon, maple syrup and almond milk*

**Chai Latte (Ve)** £4.65

*Chai syrup and almond milk*

**Dirty Chai (Ve)** £4.95

*Chai syrup, coffee and almond milk*

## HEALTH HITS

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**Revive** £6.00

*Freshly juiced spinach, cucumber, kiwi, lime, mint and apple*

**Immune Boost Shot** £3.95

*Freshly juiced ginger, turmeric, lemon and orange*

**Cowdray Kefir** £3.05

**Cherry Fizz** £6.00

*Montmorency cherry juice paired with sparkling water, mint and grapefruit*

**Mother Root Spritz** £6.00

*Organic ginger, apple cider vinegar, blossom honey, capsicum and sparkling water*

**Freshly squeezed orange juice** £4.35

## HOT WATER INFUSIONS

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**Cold Buster** £4.60

*Fresh ginger, turmeric, lemon, orange and organic raw honey*

**Apple Elixir** £3.50

*Raw, unpasteurised apple cider vinegar, organic raw honey and fresh lemon*

**The Golden Griffin** £3.50

*Turmeric, black pepper, cinnamon and lemon*

**Green Goodness** £3.50

*Green tea, fresh mint and lime*

**Honey and Citrus Infusion** £4.50

*Organic raw honey, fresh lemon and ginger served with a raw cacao and coconut haystack*

**Rose Glow** £4.50

*Organic rose buds, served with a raw cacao and coconut haystack*

(V) Vegetarian (Ve) Vegan

**Allergies:** If you have any allergies or special dietary requirements please speak to a team member. Every care is taken to avoid any cross-contamination when processing a specific allergen-free order. We do however work in a kitchen that processes allergenic ingredients.

# DRINKS

## COLD DRINKS

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South Downs still or sparkling water	£2.65
Cowdray apple juice	£3.85
Luscombe Sicilian lemonade	£3.95
Luscombe sparkling elderflower	£3.95
Luscombe ginger beer	£3.95
Coca Cola or Diet Coca Cola	£2.60
Fever-Tree tonic water	£3.05
Pip Organic child's cloudy apple juice	£2.75

## SMOOTHIES

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<b>Chia Kefir</b> <i>Cowdray Kefir, banana, chia seeds, cinnamon and milk</i>	£6.25
<b>Kale Kick (Ve)</b> <i>Kale, Spinach, mango blended with apple juice</i>	£6.25
<b>Nut Heaven (Ve)</b> <i>Banana, peanut butter, cacao nibs, flax seeds and almond milk</i>	£6.25
<b>Fruit smoothie (Ve)</b> <i>See board for full details</i>	£6.25

## MILKSHAKES

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<i>Chocolate or vanilla</i>	£6.25
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## WOOF!

Cowdray dog biscuit	£1.65
Dog ice cream tub	£4.50

## ALCOHOLIC DRINKS

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<b>White wine</b>	125ml glass	175ml glass	750ml bottle
<b>Featherdrop Sauvignon Blanc</b> <i>(New Zealand) 12%</i>	£6.85	£8.25	£33

<b>Red wine</b>			
<b>Visconti Della Rocca Primitivo</b> <i>(Italy) 13%</i>	£6.60	£8.00	£32.50

<b>Rosé</b>			
<b>Saint Roc Cote De Provence</b> <i>(France) 12.5%</i>	£7.40	£9.60	£38.50

<b>Sparkling Wine</b>			
<b>Nyetimber Classic Cuvée</b> <i>(England) 12%</i>	-	-	£68

<b>Prosecco Corte Delle Calli</b> <i>(Italy) 11%</i>		200ml bottle	£10.40
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<b>No.3 London Dry Gin</b> 46% <i>and Fever-Tree Tonic</i>	25ml	£7.95	50ml £10
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<b>Cowdray Ale</b> 4.2%	500ml	£6.35
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<b>Birra Moretti</b> 4.6%	330ml	£4.95
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<b>Silly Moo Sussex Cider</b> 4.8%	500ml	£7
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## ALCOHOL-FREE DRINKS

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<b>Corona Cero</b> 0.0%	330ml	£3.95
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<b>0.0% Gin</b> <i>and Fever-Tree Tonic</i>	25ml	£6.50
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